

## Secrets the Skin Can Tell You – Worksheet Handout

---

**What does TEN-4 stand for?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**What locations on the body are:**

Bruised from normal daily activities

Suspicious for abuse

**What are some causes of petechiae?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**List the mechanism of action for these injuries:**

1. Loop marks: \_\_\_\_\_
2. "Smiley face sign": \_\_\_\_\_
3. 9-11 mm crater with deepest injury in the center: \_\_\_\_\_
4. Vertical bruising on gluteal cleft: \_\_\_\_\_
5. Conjunctival hemorrhage: \_\_\_\_\_
6. Bleeding from the mouth: \_\_\_\_\_